

NHS Smoking Cessation Service Statistics (Scotland) 1st April 2008 to 31st March 2009

Introduction

On 26th May 2009, ISD Scotland published 'NHS Smoking Cessation Service Statistics (Scotland) 1st January to 31st December 2008'. This report provided an analysis of NHS smoking cessation services uptake and outcomes during the calendar year 1st January to 31st December 2008. The information presented was taken from the agreed national minimum dataset for smoking cessation services. This was the third annual release of statistics from the minimum dataset monitoring in Scotland, with the next annual publication due in May 2010.

This short report provides supplementary information to the May 2009 annual monitoring report and is based on the same national minimum dataset (mds) for cessation services. It presents information on total quit attempts made and 'self-reported' quits at one month after 'quit date', for NHS boards in Scotland, 1st April 2008 to 31st March 2009, and allows the HEAT 6 target to be monitored on a financial year basis. The full May 2009 annual monitoring report is available at http://www.scotpho.org.uk/home/Publications/scotphoreports/pub_smokingcessationstats2008.asp and further details on the HEAT targets for the NHS are at <http://www.scotland.gov.uk/Topics/Health/NHS-Scotland/17273>

The primary source of the data presented below is the National Smoking Cessation Database, established by ISD Scotland in July 2005. The second data source, in the case of Greater Glasgow & Clyde NHS board, is local information systems.

Further information on the national database, the national minimum dataset (mds) and the services to be included in the national monitoring are all available from the May 2009 annual monitoring report.

Table 1. Number of quit attempts made/quit dates set (1st April 2008 to 31st March 2009) by NHS board*

	Ayrshire & Arran	Borders	Dumfries & Galloway	Fife	Forth Valley	Grampian	Greater Glasgow & Clyde	Highland	Lanarkshire	Lothian	Orkney	Shetland	Tayside	Western Isles
Total quit attempts made – 1 st April 08 to 31 st March 09	3,309	1,365	1,846	2,910	2,844	5,471	19,313	3,199	10,074	7,004	53	94	3,257	192

* Number of quit attempts rather than number of clients with a quit attempt, so could include repeat quit attempts for the same client

Table 2. Number of 'self-reported' quits at one month after 'quit date' (based on all quit attempts made/quit dates set during the period 1st April 2008 to 31st March 2009) by NHS board

	Ayrshire & Arran	Borders	Dumfries & Galloway	Fife	Forth Valley	Grampian	Greater Glasgow & Clyde	Highland	Lanarkshire	Lothian	Orkney	Shetland	Tayside	Western Isles
Total 'self-reported' quits at one month after 'quit date' (based on quit dates set 1 st Apr. 08 to 31 st Mar. 09)	1,169	601	721	1,316	1,309	1,564	6,607	1,471	4,278	2,965	19	47	952	117

Table 1. above shows the total number of quit attempts made in NHS cessation services in the period 1st April 2008 to 31st March 2009, for each NHS board in Scotland (all-Scotland figure 60,931). Table 2. presents the total number of 'self-reported' quits at one month after 'quit date' for each NHS board in Scotland (all-Scotland figure 23,136).

Sources : National Smoking Cessation Database, managed by ISD Scotland; plus local information systems in Greater Glasgow & Clyde. Data as at 2nd December 2009.